

THE PROBUS CLUB OF KELLYVILLE & HILLS INC. Incorporated in NSW – Incorporation No. 1800778

Month: October 2019

Newsletter and Challenge from the President



Whilst I have never wanted to or actually grow a "mo", my thoughts have been centered around stories of men who have experienced Prostrate Cancer,

Testicular Cancer, General Mental Health and Suicide Prevention, issues of men in general.

I'd like to encourage the male members in our group to participate in the "<u>Movember Challenge</u>"

Between now and our Probus Christmas Luncheon/Party at The Allegro on Thursday, 28th November, we men attempt to grow the best mo, which will be judged by the ladies on that day. If you already have a mo and beard, the beard goes, providing an equal playing field for each participant.

Whilst not compulsory, men may make a cash donation of their choice, in an unmarked envelope, which will go directly to the "<u>Movember Foundation</u>", a registered charity which assists in funding research into these health issues.

Come on guys, be brave, do it! Your involvement in this very worthwhile cause will give you a lot of satisfaction, as well as assisting this great campaign, plus it will be a bit of fun. Also, your thoughts please.

We'd like a volunteer to run a quarterly "BBQ Picnic Day". This would be a BYO everything day with the only requirement of the volunteer being, to identify suitable parks providing on-site BBQ's, plus bathroom facilities, etc.

The "BBQ Picnic Day" would be an easy way to get together and enjoy a fun filled day without any great effort.

The challenge begins now. Start today. You can do it!

Rob Dytor. President

Editor's Note

The production of an interesting and informative newsletter is only possible by members sending articles for inclusion in a Word document to the editor: <u>pckh.newsletter@gmail.com</u>

Memberships

To fill the available vacancies, prospective members are welcome to attend future meetings which are held at 10am on the second Thursday of each month.

Members can refer their friends to our website to see that we have an active group.

PCKH Website

Our website <u>www.pckh.org.au</u> includes a calendar to show the dates of upcoming events including monthly meetings and planned events.

Whilst future events will be highlighted at

monthly meetings, from time to time event organisers will email members of upcoming events, to which members are requested to respond to the organiser.

Guest Speaker October Meeting



Detective Superintendent Deborah Wallace with our President Rob Dytor and Guest Speaker Host Peter Elwine

Often referred to as 'the gang buster', Detective Superintendent Deborah Wallace, has delved into the dark underbelly of crime investigating and dismantling some of the State's most feared gangs. Throughout a stellar career spanning more than 30 years with NSW Police, Deborah has faced murderers, drug manufacturers and extortionists - to name just a few - armed with her trademark heels and colourful suits.

Currently Commander, State Crime Command Gangs Squad, Deborah is a self-described diehard Parramatta Eels fan and proud "westie." Her pragmatic approach, tenacity, sense of humour and ability to separate her work and personal life, has enabled Deborah to thrive in high pressure police operations. The recipient of numerous awards including the Australia Day Achievement Award, the Australian Crime and Prevention Award, and the Australian Police Medal, Deborah is strongly committed to community endeavours and is a long-time supporter of Youth off the Streets.

Source and further information: https://www.colemangreig.com.au/EventSpea ker-127-Deborah-Wallace.aspx

Hawkesbury Races, October 24th

23 Probus members had a great day at the Hawkesbury Races. Some lost a little and some won a little, with lots of stories of how their horse was just pipped at the post!











Walking Group Wednesday, October 30th

We returned to the Cumberland State Forest at West Pennant Hills. It was an ideal day for walking in this unique suburban setting, and reasonably cool under the canopy of trees.

Twenty members attended, escorted by 4 dogs.

We then enjoyed an extended morning coffee and chat in the cafe. Before departing, a number of members spent some time (and money) in the adjoining nursery.

Kevin Carey.

Walking Group

















My paramedic team was called to an emergency. Before we took the patient to the hospital, I had a question for his wife. "Does your husband have any cardiac problems?" I asked. "Yes," she said with a note of concern. "His cardiologist just died."

Aaron Webster

Book Group

Book Group meets 10.30am, 4th Thursday of the month at the Castle Hill Tavern.

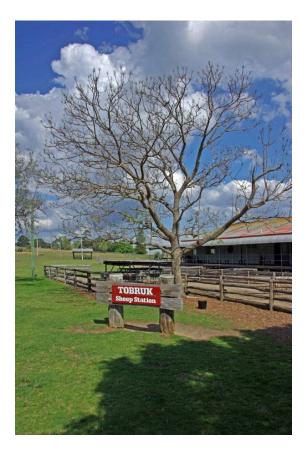
Please contact Alan Vesperman while at our monthly meeting to find out what the next book for review will be.

TOBRUK Thursday, September 26th

Located in the magnificent Hawkesbury Valley, just one hour from the heart of the CBD, Tobruk Sydney offers you a day like no other.

Apologies we were unable to include this exciting event in the September Newsletter. We hope you enjoy the following photos and that they bring back pleasant memories everyone shared at this event. Thanks once again to Kevin and Faye

Carey for their continued outstanding photography, assisting in the creation of this Newsletter we enjoy each month. Janette and Marc





Meet and greet



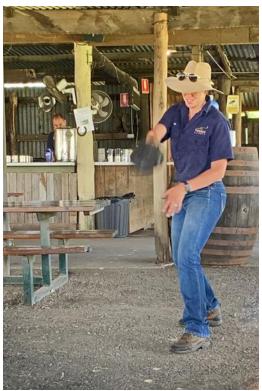
Welcome from Tash



Damper and Billy Tea



Damper demo



Billy Tea "demo" by our hostess Tash



Finished product served with butter and "cockies joy"





Tash shearing ram





Enjoying his job



Feeding time



A working dog



"free range"



Job almost finished

Tobruk

Overlooking the Hawkesbury River Valley and Blue Mountains we provide treasured experiences for everyone to enjoy.



Riding on the sheep's back



My boomerang will come back



Tash – how to crack a stock whip



Boomerang throwing Lessons



Whip cracking

Your Committee

Position:	Who:
President	Robert Dytor
Vice President	Peter Noreen
Secretary	Lynn Boorman
Treasurer	Kerri Harding
Membership Officer ***	Barb Gurney
Assistants / Meet & Greet	Mazz Vodanovich
Assistants / Meet & Greet	Lorraine Begg
Assistants / Meet & Greet	Anita Lukjanenko
Assistants / Meet & Greet	Betty McKenzie
Welfare Officer ***	Coralee Rose
Assistant	Lorraine Everitt
Program/Guest Speakers Officer ***	Peter Elwine
Outings & Activities Officer ***	Darralyn Loo
Assistant	Lorraine Everitt
Trips & Tours Officer ***	Ron Harding
Assistant	Kerri Harding
Live Theatre	Kerri Harding
Assistant	Coralee Rose
Risk Management Officer	Tony Loo
Hospitality Officer	Lynelle Dytor
Assistant	Lorna Dossor
Book Club ***	Alan Vesperman
Walking Group ***	Kevin Carey
Public Officer	Kerri Harding
Newsletter Editor	Janette Mana
Webmaster	Marc Mana

*** denotes Management Committee Members

Feedback

Thank you for reading this newsletter.

We welcome your comments / feedback both on this newsletter and suggestions for the future.

Kindly provide your articles and photos for inclusion in our next Newsletter due by Wednesday, November 27th.

Events / Trips coming up

Many already on the website: <u>https://www.pckh.org.au/activities</u>

Walking Group meets 9.30am each Wednesday at Bernie Mullane Sports Ground

Coffee & Chat Group meets monthly at various venues. See the calendar for more

Book Group meets 10.30am, 4th Thursday of the month at the Castle Hill Tavern

Monday, November 4th 2019 The Proms Experience - Sydney Town Hall

Tuesday, November 5th 2019 Melbourne Cup function at Baulkham Hills Sports Club

Sunday, November 10th 2019 Wine and Cheese afternoon

Friday, November 15th 2019 Lunch at Castle Hill Country Club

Thursday, November 28th 2019 Christmas Luncheon at Allegro Restaurant

January 2020 Thursday 9th to Monday 13th Parkes Elvis Festival Bus pick-up and drop-off at your door Stay Cowra Motor Inn - Shuttle bus daily

Thursday, February 6th 2020 Opal Day to Manly

Thursday, March 5th 2020 Gledswood Historical Tour

October – November 2020 Melbourne Cup Cruise

Janette Mana - Editor pckh.newsletter@gmail.com

E&OE